



**Step 1. Self-Assessment:**

Name:    Rosa Rose    Date:    5-1-2011   

|   | What do I already know and what skills do I have?  | I plan to increase my knowledge or skills in each of these areas:  |
|---|--|--|
| <u>Healthy and Safe Environments:</u>                 | <ul style="list-style-type: none"> <li>* Safety rules are clearly defined and enforced</li> <li>* General hygiene practices are observed</li> <li>* Emergency plans are in place and practiced monthly</li> <li>* Understand how to create and maintain a safe and healthy learning environment</li> <li>* Understand to importance and impact of healthy eating habits in children</li> </ul> | <ul style="list-style-type: none"> <li>* Be more mindful of personal health and stress reduction</li> </ul>  |
| <u>Child &amp; Youth Development</u>                  | <ul style="list-style-type: none"> <li>* I offer many "choice-making" opportunities</li> <li>* I support and encourage positive peer relationships</li> <li>* I encourage and help children "talk out" their problems/conflicts</li> <li>* I teach children about feelings and appropriate ways to deal with them</li> </ul>   | <ul style="list-style-type: none"> <li>* Learn more about Attachment disorders and how they affect a child's development</li> <li>* Continue to gather information, ideas, methods, resources, and materials to support physical and intellectual development of children</li> </ul> |
| <u>Teaching, Curriculum and Learning Environment:</u> | <ul style="list-style-type: none"> <li>* I use a variety of fine and gross motor play (indoor/outdoor)</li> <li>* I use open-ended art materials and toys</li> <li>* I use music and movement in my daily routine</li> </ul>   | <ul style="list-style-type: none"> <li>* Learn more about supporting social/emotional development in the class room and community</li> <li>* Learn more about successful curriculum development</li> </ul>   |
| <u>Families and Communities:</u>                      | <ul style="list-style-type: none"> <li>* I have daily (written and verbal) communication with parents</li> <li>* I have an open-door policy</li> <li>* I have a parent lending library</li> <li>* I write monthly parent newsletters</li> </ul>  | <ul style="list-style-type: none"> <li>* Learn effective speaking strategies for communicating with parents</li> </ul>   |
| <u>Professionalism and Program Org:</u>               | <ul style="list-style-type: none"> <li>* I create weekly lesson plans</li> <li>* I maintain a regular daily routine and am flexible</li> </ul>   | <ul style="list-style-type: none"> <li>* Keep going with the Apprenticeship program</li> </ul>   |

Step 2. Goals and Strategies

Name: Rosa Rose

Date: 5-1-2011

| Goals<br><i>I will-</i>   | Strategies to accomplish this goal  | What do I need to accomplish my goal?<br>(Resources) | Timeline  |
|---|---|--|---|
| <b>1. Safe and Healthy Learning Environment</b><br>* Be more mindful of personal health and stress reduction  | * Take time to maintain personal health/well being  | * Set aside 30 minutes a week to start               | Check in 1 <sup>st</sup> of each month                    |
| <b>2 Child Development</b><br>* Continue to increase my knowledge and resources and materials that support children's physical and intellectual development | * Take Development of the Young Child Course and Infant Toddler Development courses<br>* Take Mother Goose Cares: Mostly Math<br>* Take Being Mindful About the Brain: Examining the Impact of Trauma and Attachment Difficulties | * Child care & gas money<br>* Substitute             | * Fall '11 and Winter 2012<br>* Summer 2011<br>* 07/14/11 |
| <b>3. Teaching and Learning</b><br>* Develop and use successful curriculum  | * Take Curriculum Development for Early Childhood Education   | * Child care & gas money                             | * Fall 2012   |
| <b>4. Families and Communities</b><br>* Be an effective speaker when communicating with parents   | * Take Communication In the Early Childhood Education Workplace<br>* practice with my director, ask her to observe me and get feedback from her   | * Child care & gas money<br>* Director               | *Summer 2011<br>*(course)Summer '12                       |
| <b>5. Program Management and Professionalism</b><br>* Complete Apprenticeship Program   | * Take each of the Apprenticeship courses and be successful   | * Child care & gas money                             | (see schedule above of courses) complete in 2013!         |